

**Title 20—DEPARTMENT OF
COMMERCE AND INSURANCE
Division 2233—State Committee of Marital
and Family Therapists
Chapter 2—Licensure Requirements**

PROPOSED AMENDMENT

20 CSR 2233-2.020 Supervised Marital and Family Work Experience. The committee is amending sections (7) and (8).

PURPOSE: This amendment clarifies and reduces hardship for applicants and clarifies requirements.

- (7) A supervisor shall be licensed as a marital and family therapist, professional counselor, psychologist, clinical social worker, or psychiatrist in Missouri for supervised experience in this state to be considered for licensure. For the purpose of this rule an inactive, provisional, expired, temporary, **disciplined**, or retired license shall not meet this requirement.
- (8) The characteristics of acceptable supervision shall include in no less than twenty-four (24) calendar months and no more than sixty (60) calendar months:
- (A) A minimum fifteen hundred (1,500) hours of supervised experience in marital and family therapy direct client contact. The PLMFT or S-MFT must obtain at least fifteen (15) hours of supervised experience within a calendar month in order for the experience to be considered by the state committee and must be in compliance with 20 CSR 2233-2.020; and
1. For the purpose of these rules, direct client contact is face-to-face interaction between the client and PLMFT or S-MFT~~[.]~~, **whether in person or via telehealth. Telehealth is defined as visually and verbally interactive and synchronized on a HIPAA compliant platform.**
- (B) A ~~[minimum]~~ **maximum** of two (2) hours every two (2) weeks or one (1) hour every week of face-to-face **and/or telehealth** supervision with ~~[the]~~ **their** registered supervisor~~[.]~~, **of which no more than twenty-five percent (25%) can be group supervision.** For the purpose of this regulation, **group supervision must consist of at least three (3) and no more than six (6) supervisees and to occur with their registered supervisor.** ~~[a]~~ An hour of ~~[individual face-to-face]~~ supervision is no less than fifty (50) continuous minutes and two (2) hours is no less than one hundred (100) continuous minutes.
- ~~[1. At least half of the supervision shall be individual face-to-face supervision which may consist of no more than two (2) PLMFTs or S-MFTs meeting with the registered supervisor.~~
 - ~~[2. The remaining supervision may be group supervision. For the purpose of this rule, group supervision may consist of at least three (3) and no more than six (6) PLMFTs or S-MFTs or combination thereof.]~~
- ~~[3.]~~**1.** The PLMFT or S-MFT must complete a minimum of ~~[two]~~ **one** hundred

and four [(200)] (104) hours of supervision, at least **[half of which one hundred (100) hours] seventy-five percent (75%) of which** must be **[in]** individual **[face-to-face.]** supervision.

[4. An applicant for supervision may [submit a request for supervision by electronic methods to meet the face-to-face supervision requirements of this rule. When using electronic methods for supervision, the supervisor and S-MFT or PLMFT shall ensure that the system utilized for communications is a secure, real-time system that provides for visual and audio interaction between the S-MFT or PLMFT and supervisor and all data storage and communications are private and protected consistent with all applicable laws and rules; and]

AUTHORITY: section[s] 337.700 [and 337.715], RSMo 2016, and sections 337.700 and 337.727, RSMo Supp. [2019] 2025. This rule originally filed as 4 CSR 233-2.020. Original rule filed Dec. 31, 1997, effective July 30, 1998. For intervening history, please consult the **Code of State Regulations**. Amended: Filed Jan. 7, 2026.*

PUBLIC COST: This proposed amendment will not cost state agencies or political subdivisions more than five hundred dollars (\$500) in the aggregate.

PRIVATE COST: This proposed amendment will not cost private entities more than five hundred dollars (\$500) in the aggregate.

*NOTICE TO SUBMIT COMMENTS: Anyone may file a statement in support of or in opposition to this proposed amendment with State Committee of Marital and Family Therapists, Gloria Lindsey, Executive Director, PO Box 1335, Jefferson City, MO 65102, by faxing comments to (573) 751-0735, or by emailing comments to maritalfam@pr.mo.gov. To be considered, comments must be received within thirty (30) days after publication of this notice in the **Missouri Register**. No public hearing is scheduled.*