

**Title 20—DEPARTMENT OF
COMMERCE AND INSURANCE
Division 2197—Board of Therapeutic Massage
Chapter 4—Apprenticeship Training Program**

PROPOSED AMENDMENT

20 CSR 2197-4.030 Apprenticeship Training Program. The board is amending section (1).

PURPOSE: This amendment updates and clarifies clock hours for training.

- (1) An apprenticeship training program shall encompass those activities as defined within section 324.240(7), RSMo, and shall consist of at least ~~[five hundred (500)]~~ **six hundred (625)** hours of supervised instruction pursuant to section 324.265.1(2), RSMo. The content of supervised instruction shall be subject to board approval and consist of the following:
- (B) **At least** ~~[T]three~~ hundred (300) clock hours dedicated to the study of massage theory and practice techniques taught by the certified mentor;
 - (D) **At least** ~~[F]fifty~~ (50) clock hours dedicated to business practice, professional ethics, hygiene, and massage law in the state of Missouri taught by the certified mentor with documented experience in the course of instruction; and
 - (E) **At least** ~~[F]fifty~~ (50) clock hours dedicated to ancillary therapies taught by the certified mentor with documented experience in a related field. The fifty (50) clock hours shall include but not be limited to cardiopulmonary resuscitation (CPR) and first aid which shall be provided by an instructor who holds the respective certification. If the certified mentor is unable to provide a course of instruction in CPR and/or first aid, an apprentice may obtain the required training from a massage therapy program approved by the Missouri Coordinating Board for Higher Education (CBHE) or organization such as the American Heart Association or American Red Cross.

AUTHORITY: sections 324.240 and 324.245, RSMo 2016. Material in this rule was originally filed as 4 CSR 197-4.010 and 20 CSR 2197-4.010. Original rule filed Aug. 27, 2009, effective Feb. 28, 2010. Amended: Filed Aug. 21, 2019, effective Feb. 29, 2020. Amended: Filed Aug. 12, 2025.*

PUBLIC COST: This proposed amendment will not cost state agencies or political subdivisions more than five hundred dollars (\$500) in the aggregate.

PRIVATE COST: This proposed amendment will not cost private entities more than five hundred dollars (\$500) in the aggregate.

*NOTICE TO SUBMIT COMMENTS: Anyone may file a statement in support of or in opposition to this proposed amendment with the Board of Therapeutic Massage, PO Box 1335, Jefferson City, MO 65102, by facsimile at (573) 751-0735 or via email at massagether@pr.mo.gov. To be considered, comments must be received within thirty (30) days after publication of this notice in the **Missouri Register**. No public hearing is scheduled.*